



WOMEN'S HEALTH INFORMATION CENTER

PLACEMENT or REMOVAL of IUD

(intrauterine device/coil)

PLACEMENT or

REMOVAL of NEXPLANON

(subcutaneous device)



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the placement or removal of the IUD or Nexplanon must be booked on the telephone number 0171-642360/642437 from 14:00 to 16:00 in the available appointments provided by the regional CUP;

to book, you must have a referral from your doctor or gynecologist written as "insertion or removal of an intrauterine device (IUD) or subcutaneous device (NEXPLANON)";

the presence of menstrual flow is required for the placement of the IUD;

on the day of booking, you must present the doctor's referral and the device purchased at a pharmacy of your choice.





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VAGINAL SWAB

THE VAGINAL SWAB IS PERFORMED
EVERY DAY FROM 10:00 TO 12:30 WITH
DIRECT ACCESS WITHOUT BOOKING AND
IN POSSESSION OF THE FAMILY DOCTOR'S
REFERRAL.



THE FOLLOWING INDICATIONS MUST BE
RESPECTED FOR THE EXECUTION OF
THE EXAMINATION



- Absence of menstrual cycle (at least 48 hours after completion)
- Suspension of any systemic antibiotic and antifungal therapy in the 5 days preceding the examination

- Vaginal irrigations, local therapies in the vagina (eggs, candles, etc.), specific local creams should be avoided in the 4 days preceding the exam

- Baths in the tub should be avoided in the 24 hours preceding the exam

Abstinence from sexual intercourse in the 24 hours preceding the exam

The use of intimate cleansers on the morning of the exam should be avoided