



Azienda Ospedaliera
S.Croce e Carle - Cuneo

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WHAT TO PACK IN MY HOSPITAL BAG?



MUM: nightshirt or pyjama, possibly with front button-fastening and short sleeves, slippers, robe, Sanitary napkins for post-pregnancy, what is necessary for your personal hygiene, comfortable clothes to be worn during the childbirth, books, magazines, food, a pair of socks, pregnancy diary, reporting results of all exams and any specific medical advice, identity papers and the signed form for analgesia during childbirth.

BABY: cotton/warm cotton baby bodysuit (1st size), cotton/warm cotton socks, sleepsuits (size: 1/3 months), 1 small blanket.

The hospital nursery will provide for baby nappies during hospitalization.

USEFUL PHONE NUMBERS: Delivery Room 0171/642241, Maternity Unit 0171/642543